

taking risks is *Not* part of the job



LO TU
Preventing falls
from height

Always check the causes
of falls from:

1 steps



2 shafts



3 sawhorse scaffolding



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Check list

LO**TU**

1  **steps**

Preventing falls
from height



- Non slip rungs
- Adjustable foot
- Anchoring system
- Safety hook
- Non slip shoes
- UNE standard



- Non slip rungs
- Device restricting opening to 30°
- Anti-opening device
- Lever brake (if it has wheels)
- Non slip shoes
- UNE standard

For further
safety

- Harness or belt over 3.5 m.
- Do not use it as a work platform
- Fix bars on both sides to prevent side slipping
- Review usage conditions
- Do not make improvised steps

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Check list

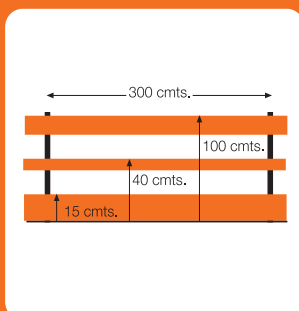


2 shafts

Preventing falls from height

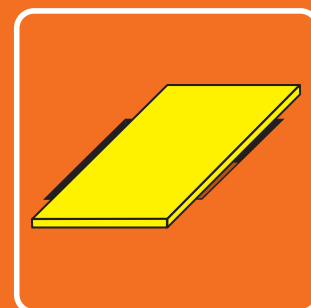
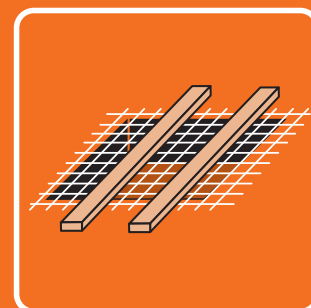
Rails

- Solid and strong
- Minimum height: 1 metre
- Three horizontal parts
- Vertical supports every 3 m
- Fasten to the frame structure



Mesh and boards

- Small gaps (1.5 x 1.5)
- Mesh + boards
- Nailed boards
- Yellow boards
- Boards: smooth surface



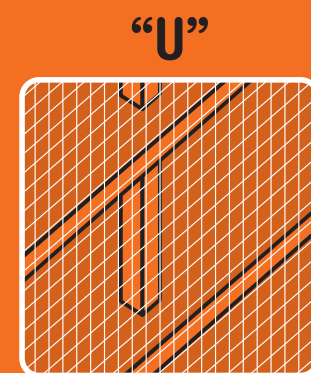
Horizontal nets

- Fitted to poles
- Cloth overlap: minimum 75 cm.
- Maximum drop: 6 m. Base dimension: 3 m
- Clear of materials or objects



Vertical nets

- Fitted to vertical supports or framework
- Hang 1 m beyond the intersection between the grille line and the net area



- Fitted to structure supports
- Completely cover the gap or zone to be protected
- Leave space between the net and the floor and other obstacles
- Clear of materials or objects
- Made up of several cloths, net overlaps: at least 2 m



- Fitted to the beams which are, in turn, anchored in concrete
- Maximum distance between beams: 4.5 m
- They should hang 1 m beyond the work level
- Net (lower part) fastened to the framework at least every metre
- Maximum drop 6 m



USE THE TEST PARTS AND KEEP AN EYE ON EXPIRY DATES

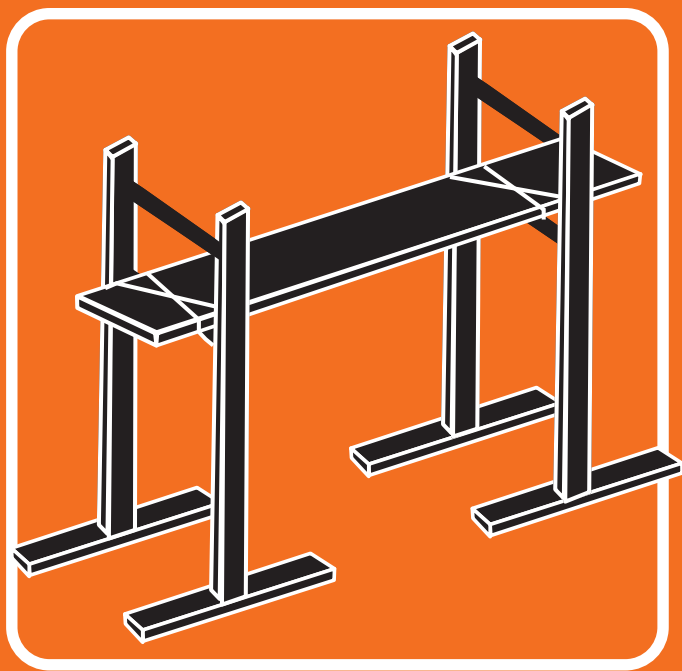
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Check list

LOTU

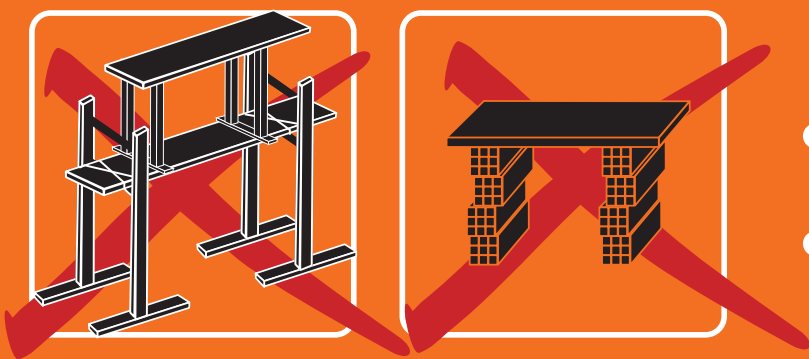
Preventing falls
from height

3 sawhorse
scaffolding



- Solid metal materials (vertical)
- On non slip surface
- Height: under 2 m
- Minimum surface area: 50 x 60 cm
- Surrounding area is clear of obstacles
- Materials (vertical and horizontal) are anchored or tied down
- Continuous inspection

Platforms should not be:



- Improvised with steps, drums, pallets, piles of materials
- Made up of other stacked-up platforms
- Used in hanging or suspended scaffolding